

Welcome to the Year 10 Blog 2.0!!!



Science by Elizabeth

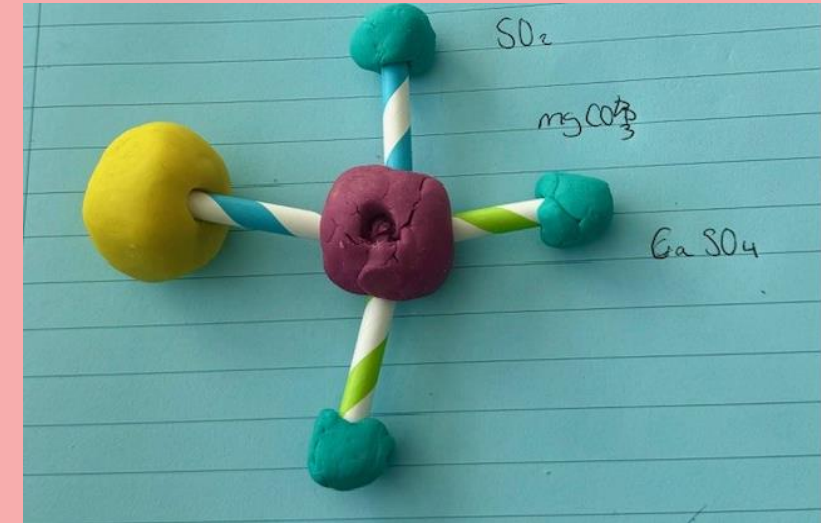
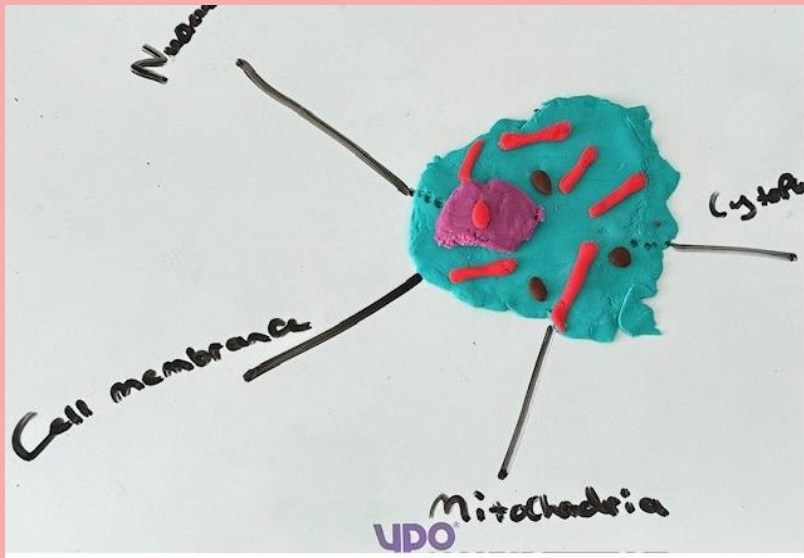
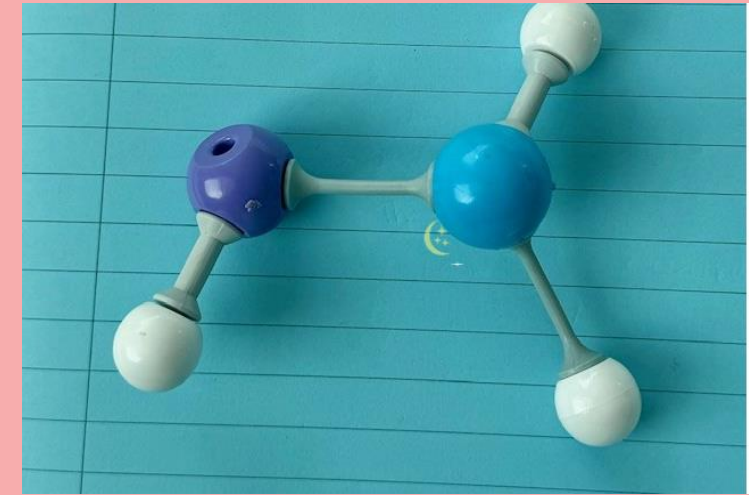
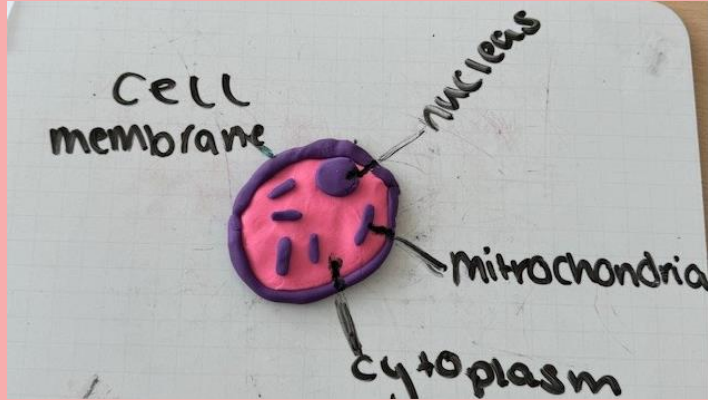
We also made models of eukaryotic cells with playdough and compounds models with playdough and plastic models.

We did a science practical about chemical reactions, but Rachel forgot to take photos.



Science

by Elizabeth



Setting Goals by Summer

We are always being asked to set goals in Year 10. I think this is a good thing because it gives us something to aim at. Goals always help us focus and the nice thing is that everyone's goals are different and personal to them which is great.

My goal right now is to improve my attendance. I would like to get my attendance much higher because I like coming to Consilium Evolve. It is the best school I've been to and out of all my schools it's where I feel safest. Hopefully you can all help me achieve my goal.

There are many benefits from using matcha the most important one for me is skin care as can be seen from the image below. Matcha can benefit all ages in people striving to have clear skin matcha could therefore be an important addition to your daily diet from a young age. The earlier you start including matcha in your diet the sooner you will notice the difference this would also benefit our wellbeing and mental health as it is vital that we try to "make a difference".



Matcha by Navanya

Skin benefits of Matcha



Prevents premature ageing



Soothes inflammation



Protects against sun damage



Eliminates toxins



Controls excess oil



Prevents acne



Quinn

Jamie

Navanya

Elizabeth

caitlyn

Summer



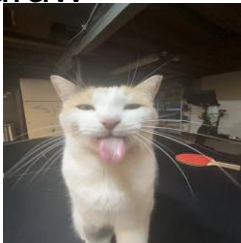
I like to play and draw

Scott Pilgrim

rappers

ART :3

doggies



Kitty cat

superman

Walking dead

puzzles

makeup



otters



Making comics

footballers

Unicorns

Very smart

music

Triangle demon inside me

By Quinn Andrews



Jamie – positive experience

This week my positive experience was talking to Marcus during our science practical. We were doing a practical where we had to watch for the x disappearing and he was helping me and we spent most of the time talking about stories from mainstream school in between doing work which was really funny, it felt nice to actually talk to someone and one of the pros is I didn't have to make the effort of being the first to talk wahey.

We were also talking about Shaun of the Dead at break time one day which was fun too because the cornetto trilogy is one of my favorite things.



Adventure Sunderland

At Adventure Sunderland we did Beachcombing and made some wind chimes. We also found a 20 foot arched branch washed up on shore. We are going to decorate this and make a giant wind chime!

We have also been doing a series of team building activities. Caitlyn did an excellent job of bossing Mr. Davies and Marcus around. They were literally like her little minions! Each time she snapped her fingers like an angry customer in a Parisian restaurant beckoning a terrified waiter.

This week we did Bush craft with marshmallows and biscuits and created fire. Everyone got involved and had something to do.

**By Caitlyn and
MR. Davies**



